



## NSN 2024 Programme

v.21.11.23 (in draft and subject to change)

<u>Time</u>	<u>Session</u>
10:00 - 10:10	Opening Session and Introduction
10:10 - 10:50	Tailoring Cognitive Functional Therapy for isolated and underrepresented groups with CLBP <b>Speakers: Chris Newton, Gupreet Singh and George McManee</b>
10:50 - 11:30	Infective diseases of the spine: TB and beyond Identifying & tackling health inequalities Clinical features in community settings Clinical presentation and risk factors of spinal infections? <b>Speaker: Dr Martin Dedicoat</b>
11:30 - 11:50	Tea Break
11:50 - 12:20	Implementation & transformation project in Birmingham <b>Speakers: Dave Rogers and Damien Kimber</b>
12:20 - 12:50	Poster Presentations
12:50 - 13:10	NSN AGM (members only)
13:10 - 14:00	Lunch and Networking
14:00 - 14:50	Founders Lecture: Revolution in personalised care - Learning from the Sussex success <b>Speaker: Laura Finucane</b>
14:50 - 15:30	The hidden impact of menopause on LBP <b>Speaker: Helen Hunt</b>
15:30 - 15:50	Tea Break
15:50 - 16:30	Clinical and practical implications of digital interventions: learning from the SupportBack RCT <b>Speaker: Lisa Roberts</b>
16:30 - 16:50	Session TBC
16:50 - 17:00	Round-up and Closing Session
17:00 onwards	Drinks and Networking



## NSN 2024 Speakers



### **Prof. Lisa Roberts**

Lisa is a Clinical Professor of Musculoskeletal Health at the University of Southampton in the UK and leads a research programme in communication. Her research interests include developing web-based resources for people with back pain; contextual effects in clinical consultations; and evaluating clinical academic and consultant roles. Lisa has attained over £7m research grants, has published widely and, as a Principal Fellow of the Higher Education Academy, has lectured across 4 continents and supervised 32 doctoral and masters' students. Lisa also works as a Consultant Physiotherapist at the University Hospital Southampton NHS Foundation Trust. In 2013, she was awarded a Fellowship by the Chartered Society of Physiotherapy for her work as a leader, clinician, researcher and educator. She is a former President of the Society for Back Pain Research and has multiple current roles in Eurospine (Executive Committee, Chair of Membership Committee, Themis project, the Task force for the Eurospine Diploma in Inter-professional Spine Care EDISC, and



### **Laura Finucane**

Laura is a consultant musculoskeletal physiotherapist and the Clinical Director for Sussex MSK Partnership in the UK. She is an Honorary Associate Professor at St Georges University London. Laura's special interest is in serious pathologies of the spine and she has presented nationally and internationally on this subject. She has written a number of papers related to serious pathology and teaches at a postgraduate level. More recently she has been involved in a global strategy to improve MSK health. The strategy recognises that if we want to improve people's MSK and wider health, we need to do things differently. At a local level Laura has experimented in how we might deliver care that supports people with their MSK condition and beyond through the Community Appointment Days. She is the President of The International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT).



### **Dr Martin Dedicoat**

Martin splits his time between University Hospitals Birmingham, where he is an Infectious Diseases Consultant, and the UK Health Surveillance Agency where he leads nationally, on the prevention of TB. He qualified in medicine in 1992 from UCL. Following this, he worked in junior medical jobs including a health post in rural Ecuador. His specialist training in Infectious Diseases and Tropical Medicine took place in Birmingham after which, he gained a PhD in Epidemiology in rural South Africa where he stayed as a medic, for nine years. Returning to the UK in 2009, he took up his current post as Infectious Diseases Consultant, with responsibility for TB. His work in the UKHSA involves implementing the national TB action plan. He is also the interim Chair and a Trustee of the UK-based TB charity, TB Alert.



### **Damien Kimber**

Damien is a Consultant Physiotherapist, working in the Orthopaedic Triage Service in Birmingham Community Healthcare NHS Foundation Trust. The triage service is a community-based (i.e., not integrated to a secondary care trust) interface service in which he leads the Spinal Triage side. He has worked in MSK within the community trust in Birmingham for 23 years and has been the lead of the triage service for about 10 years. He gained a Masters Degree in Spinal Trauma & Orthopaedics from the University of Salford, in 2020. He has been involved in the BSol ICS MSK Transformation project since its inception and as part of this, is lead editor for the Spinal OrthoPathway (CrossCover) Decision Making Tool. His clinical interests include; Spinal MSK conditions, integration of services and community-based care. He also has research interests in; Cauda Equina Syndrome, cultural and language aspects of care within MSK and offender health. He is currently Treasurer-Elect for the National Spine Network and is the Regional Rep for the West Midlands.



### **Helen Hunt**

Helen is the BSol Pelvic Health Service Clinical Lead as well as an experienced physio, specialising in pelvic health, continence and women's health. She has worked across Birmingham and Solihull within both the NHS and private sector for the last 20 years. She gained an MSC in Rehabilitation studies (Continence) from the University of Bradford in 2023. She is a POGP (Pelvic Obstetric & Gynaecological Physiotherapy) tutor for the advanced pelvic pain course, PINC cancer rehabilitation qualified, Yoga teacher and APPI Pilates instructor.